

# Getting Started

## Getting Started (with cups):

1. After unboxing, the first thing you need to do is get the mag cup or cups. They will be in their own bubble wrap bag, or already on the ProTas. If they are already on the ProTas, you can grab a cup firmly, and remove by using a doorknob twist motion, while your other hand firmly holds the ProTas against something (like a table top).
2. On each cup will be writing to indicate if it is for the left or right controller. Underneath, where you see the magnet, you might also see some more writing indicating which brand the cups are for (i.e. Quest 2). **Please note: if you ordered ProStraps, they might already be pre-installed on the cups. I will cover those separately below.**
3. Before putting your controllers into the cups, it is suggested to wipe down the part of the controllers that will go inside. This is to ensure optimal friction so they do not slide out easily. Next, observe the small hole in the cup. This is intended for feeding the wrist strap through, and should be facing you, or away from the trigger button on the controller. The magnet on the bottom of the left cup should be angled towards the right, and the magnet on the bottom of the right cup angled towards the left.
4. To install, simply start with the wrist strap and feed it through the small hole. Then push the controller into the cup until it cannot go any further. Use of excessive force is not required as it should easily go in until it hits friction, and then with a little bit of force you should be able to continue pushing in until it won't go any further. That is the point at which you should stop and it is considered installed in the cup. **Please note: if you are using Index or PSVR 2, we have videos in Website tutorials under Cup.**

## Getting Started (with ProStraps):

1. All steps above apply. **Before step 4**, putting controllers into the cups, you will need to install the ProStraps as shown in our [tutorials](#). Depending on your controller brand, and the state in which they were received (pre-installed vs separately) what you do may vary. But essentially, you need the bottom to be on the cup, and the top to either be connected to an insert you put inside your controller's battery cover (ProStraps Grips), or inside the cup itself (ProStraps GRips MK2 Flex for controller holder).
2. Once the ProStraps are correctly installed, you follow step 4 above.

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